Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project

Advisory Group and Interested Parties

FROM: John Pandiani

DATE: November 9, 2001

RE: Performance Indicator Project

As many of you know, the Vermont Mental Health Performance Indicator Project is funded entirely by grants from the Federal Center for Mental Health Services (CMHS). As some of you know, our most recent Multi-State Performance Indicator Project grant (a.k.a the Sixteen State Project) is about to expire. In this context, I am very pleased to announce that CMHS has recently awarded a new three-year grant to the Vermont Performance Indicator Project. This grant falls under the umbrella of the new CMHS Data Infrastructure Projects that are designed to provide comparable indicators of the performance of state mental health systems of care on a national basis.

Under this new grant Vermont is committed to provide specified performance measures to CMHS with its annual Block Grant report and to develop a specified set of additional measures. The block grant reports will include detailed profiles of clients served and services received, mental health program funding including use of block grant funds, profiles of agencies that receive block grant funds, and reports on consumers' perception of mental health care. Additional measures that will be targeted by the Vermont project include school performance, employment, and criminal justice involvement of our clients. As in the past, the Vermont PIP will adopt an approach to indicator development that is data based, incremental, strengths based, and perspectivistic. We look forward to your participation in that process.

I have attached a copy of a report that is being submitted to CMHS to meet requirements of the recently completed Multi-State Performance Indicator Project. Over the next few months, we hope to receive comparable measures from the other states that participated in this project. We will share that information with you when it becomes available.

If you have any questions, please e-mail to jpandiani@ddmhs.state.vt.us or call 802-241-2638.

Vermont - Sixteen State Pilot Project Summary of Findings - November, 2001

| ACCESS | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|----------------------------------|-----------------|--------------------|---------|-------|------------|-------------|---------|-------|-----------|
| A1 Penetration/Utilization rates | | | | | Utilizatio | on per 100, | 000 Pop | | |
| State Hospital | | • | | | | | | | |
| FY 1998 | 324 | 324 | 55 | 77 | 34 | 3 | 72 | 54 | 97 |
| FY 1999 | 240 | 240 | 41 | 58 | 24 | 3 | 52 | 38 | 179 |
| FY 2000 | 243 | 243 | 41 | 60 | 22 | 2 | 53 | 39 | 168 |
| Community Programs* | | | | | | | | | |
| FY 1998 | 19,182 | 19,182 | 3,259 | 3,143 | 3,371 | 5,480 | 2,543 | 3,213 | 6,099 |
| FY 1999 | 18,027 | 18,027 | 3,051 | 2,960 | 3,139 | 4,540 | 2,583 | 3,021 | 4,852 |
| FY 2000 | 19,487 | 19,487 | 3,282 | 3,208 | 3,353 | 5,135 | 2,706 | 3,246 | 5,488 |

^{*}Unduplicated counts of people shared across data sets were obtained by Probabilistic Population Estimation.

| A2 Consumers Perception of | | Perce | ent Giving F | ositive Eval | luation of A | ccess | | | | |
|----------------------------|-----------------|--------------|---------------|--------------|--------------|-------|-----|-----|-----|-----|
| Community Progr | ams | | • | | | | | | | _ |
| Youth* | | | | | | | | | | |
| | FY 2000 | 1,112 | 314 | 63% | 59% | 67% | 63% | | | |
| Adults v | with Severe and | d Persistent | Mental Illnes | SS | | | | | | |
| | FY 1997 | 2,220 | 1,170 | 75% | 72% | 76% | | 75% | | |
| | FY 2001 | 2,318 | 1,170 | 78% | 77% | 79% | | 78% | 78% | 80% |

^{*}Based on 2 of 4 suggested questionnaire items.

| | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|---|-----------------|--------------------|---------|------------|---------------|---------------|--------------|------------|-----------|
| QUALITY/APPROPRIATENESS | Hamber | moradoa | Overall | Wate | Tomale | Offilia | ridait | vviiito | Non winto |
| Q1 Consumer Participation in Treatment P | lanning | | Р | ercent Rep | orting Active | Participation | on in Treatn | nent Plann | ing |
| Community Programs | | | | | | | | | |
| Youth* | | | | | | | | | |
| FY 2000 | 1,112 | 314 | 47% | 43% | 51% | 47% | | | |
| Adults with Severe ar | nd Persistent | Mental Illne | SS | | | | | | |
| FY 1997 | 2,220 | 1,170 | 62% | 58% | 64% | | 62% | | |
| FY 2001 | 2,318 | 1,170 | 68% | 66% | 70% | | 68% | 69% | 56% |
| | | | | | | | | | |
| *Based on 1 or 2 suggested questionnaire items. | | | | | | | | | |
| | | | | | | | | | |

| Q2 Consumers Linked to Primary Health Services | | | | Percent With Physician Visits | | | | | | | |
|--|--------------------|--------------|-----|-------------------------------|-----|-----|-----|--|--|--|--|
| Community Programs | Community Programs | | | | | | | | | | |
| Children's Services P | rograms | | | | | | | | | | |
| FY 2000 | 8,200 | 3,882 | 68% | 65% | 72% | 68% | | | | | |
| Adult Outpatient Prog | rams | | | | | | | | | | |
| FY 2000 | 7,316 | 2,878 | 54% | 37% | 63% | | 32% | | | | |
| Adults with Severe ar | d Persistent | Mental Illne | SS | | | | | | | | |
| FY 2000 | 3.002 | 2.431 | 32% | 20% | 43% | | 32% | | | | |

Analysis includes clients under 65 years of age with Medicaid but not Medicare coverage who were active CMHC clients on June 30, 2000. Based on analysis of Medicaid paid claims and Vermont Department of Developmental and Mental Health Services client databases.

| Q3 Contact Following a Hospital Discharge | | | | | Perc | ent of Disch | narges in Co | ntact with 0 | CMHC | | | |
|---|---------|-----|-----|-----|------|--------------|--------------|--------------|------|--|--|--|
| State Hospital | | | | | | | | | | | | |
| | FY 1997 | 286 | 286 | 48% | | | | | | | | |
| | FY 1998 | 332 | 332 | 47% | | | | | | | | |
| | FY 1999 | 235 | 235 | 56% | | | | | | | | |
| | FY 2000 | 214 | 214 | 56% | | | | | | | | |

Based on analysis of Vermont State Hospital Aftercare Referral Reports.

| | Total | Number | 0 | NA -1 - | F | 01.11 | A 1 16 | VA/1-16 - | NI VAII 16 - |
|---|---------------|--------------|--------------|-------------|---------------|---------------|---------------|-------------|--------------|
| OHALITY/ADDDODDIATENEOG (*****) | Number | Included | Overall | Male | Female | Child | Adult | White | Non-White |
| QUALITY/APPROPRIATENESS (cont) | | | 5 | | B E | - , ,. | | | |
| Q4 Consumer Perception of Quality/Approp | oriateness | | Pe | ercent Givi | ng Positive E | valuation o | of Quality/Ap | opropriaten | ess |
| Community Programs | | | | | | | | | |
| Adults with Severe ar | | | | | | | | | |
| FY 1997 | 2,220 | 1,170 | 73% | 71% | 74% | | 73% | | |
| FY 2001 | 2,318 | 1,170 | 79% | 77% | 81% | | 79% | 79% | 69% |
| *Based on 5 of 6 suggested questionnaire items | | | | | | | | | |
| Q5 Adults Receiving Assertive Community | Treatment | | | | Not C | urrently Av | ailable | | |
| Q6 Adults in Supported Employment Community Programs Percent of Clients Receiving Supported Employment Services | | | | | | | | | |
| Adults with Severe ar | nd Persistent | Mental Illne | ss | | | | | | |
| FY 2000 | 3,002 | 3,002 | 28% | | | | | | |
| Q7 Adults in Supported Housing | | | | | Not C | urrently Av | railahla | | |
| Q1 Addits in Supported Flousing | | | | | Not | differitiy Av | allable | | |
| Q8 Atypical Medication Use State Hospital | | | Percent | of Patients | s with Schizo | phrenia wh | no Receive / | Atypical Me | edications |
| Adults who have a Pr | imary Diagno | sis of Schiz | ophrenia | | | | | | |
| FY 1997 | 166 | 166 | 47% | 49% | 44% | | 47% | 49% | |
| FY 1998 | 185 | 185 | 63% | 64% | 60% | | 63% | 64% | 40% |
| FY 2000 | 134 | 134 | 72% | 72% | 74% | | 72% | 73% | 63% |
| Community Programs | | | | | | | | | |
| Adults with SPMI who | have a Prim | ary Diagnos | is of Schizo | phrenia | | | | | |
| FY 1999 | 1058 | 1058 | 58% | 60% | 54% | | 58% | 58% | 64% |

| | | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|----------------------------|--------------|-----------------|--------------------|---------|--------|----------------|--------------|---------------|---------|-----------|
| QUALITY/APPROPRIATENE | SS (cont) | | | | | | | | | |
| Q11 Re-admission within 30 | and 180 Days | | <u>-</u> | | Perce | nt of Patient | s Re-admit | ted Within 3 | 0 days | |
| State Hospital | | | | | | | | | | |
| | FY 1998 | 327 | 327 | 3% | 2% | 6% | | 3% | 3% | |
| | FY 1999 | 218 | 218 | 3% | 3% | 3% | | 3% | 3% | |
| | FY 2000 | 222 | 222 | 7% | 4% | 13% | | 7% | 6% | 20% |
| | | | _ | | Percer | nt of Patients | Re-admit | ted Within 18 | 30 days | |
| State Hospital | | | | | | | | | | |
| | FY 1998 | 327 | 327 | 16% | 14% | 19% | | 16% | 16% | 20% |
| | FY 1999 | 218 | 218 | 12% | 9% | 20% | | 13% | 13% | |
| | FY 2000 | 222 | 222 | 18% | 12% | 33% | | 18% | 18% | 20% |
| Q12 Seclusion | | | | | Houre | of Seclusion | n as a Porc | ent of Clien | Houre | |
| State Hospital | | | - | | 110013 | Of Occidator | 1 43 4 1 616 | CITE OF CHICK | riouis | |
| Ctato Moopital | FY 1995 | 323 | 323 | 0.19% | 0.04% | 0.46% | | 0.19% | 0.20% | 0.07% |
| | FY 1996 | 305 | 305 | 0.16% | 0.07% | 0.28% | | 0.16% | 0.17% | 0.01% |
| | FY 1997 | 294 | 294 | 0.19% | 0.07% | 0.39% | | 0.19% | 0.20% | 0.01% |
| | FY 1998 | 327 | 327 | 0.11% | 0.09% | 0.17% | | 0.11% | 0.12% | 0.01% |
| | FY 1999 | 240 | 240 | 0.14% | 0.08% | 0.25% | | 0.14% | 0.15% | 0.02% |
| | FY 2000 | 243 | 243 | 0.15% | 0.08% | 0.29% | | 0.15% | 0.13% | 0.41% |
| | | | | | Per | cent of Clier | nts Seclude | ed at Least C | Once | |
| State Hospital | | | | | | | | | | _ |
| | FY 1995 | 323 | 323 | 33% | 24% | 47% | | 33% | 33% | 22% |
| | FY 1996 | 305 | 305 | 32% | 24% | 45% | | 32% | 34% | 8% |
| | FY 1997 | 294 | 294 | 26% | 16% | 44% | | 26% | 27% | 17% |
| | FY 1998 | 327 | 327 | 21% | 14% | 38% | | 21% | 22% | 8% |
| | FY 1999 | 240 | 240 | 25% | 19% | 40% | | 25% | 26% | 17% |
| | FY 2000 | 243 | 243 | 21% | 13% | 43% | | 21% | 21% | 31% |

| | | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|---|---------|-----------------|--------------------|---------|----------|---------------|-------------|---------------|--------------|-----------|
| QUALITY/APPROPRIATENI | ESS | rtambor | moradoa | Ovoran | Maio | Tomalo | Orma | riddit | VVIIICO | Non Willo |
| Q13 Restraint | | | | | Hours | of Restrain | t as a Perc | ent of Client | Hours | |
| State Hospital | | | • | | | | | | | |
| · | FY 1995 | 323 | 323 | 0.10% | 0.04% | 0.22% | | 0.10% | 0.11% | 0.00% |
| | FY 1996 | 305 | 305 | 0.11% | 0.08% | 0.17% | | 0.11% | 0.12% | 0.04% |
| | FY 1997 | 294 | 294 | 0.08% | 0.07% | 0.11% | | 0.08% | 0.09% | 0.01% |
| | FY 1998 | 327 | 327 | 0.07% | 0.08% | 0.06% | | 0.07% | 0.07% | 0.17% |
| | FY 1999 | 240 | 240 | 0.07% | 0.06% | 0.09% | | 0.07% | 0.07% | 0.02% |
| | FY 2000 | 243 | 243 | 0.08% | 0.05% | 0.14% | | 0.08% | 0.09% | 0.01% |
| | | | | | Pero | cent of Clien | ts Restrain | ed at Least | Once | |
| State Hospital | | | • | | | | | | | |
| • | FY 1995 | 323 | 323 | 18% | 17% | 19% | | 18% | 18% | |
| | FY 1996 | 305 | 305 | 18% | 18% | 17% | | 18% | 17% | 17% |
| | FY 1997 | 294 | 294 | 20% | 21% | 20% | | 20% | 20% | 17% |
| | FY 1998 | 327 | 327 | 18% | 18% | 19% | | 18% | 18% | 25% |
| | FY 1999 | 240 | 240 | 20% | 21% | 18% | | 20% | 21% | 11% |
| | FY 2000 | 243 | 243 | 13% | 12% | 15% | | 13% | 13% | 8% |
| | | | | | | | | | | |
| Q14 Medication Errors State Hospital | | | | | Number o | f Medication | Errors per | 1,000 Inpat | ient Clients | 3 |
| State Hospital | FY 2000 | 270 | 270 | 459 | | | | | | |

| | | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|---|--------------------------|-----------------------|--------------------|---------|-------------|---------------|--------------|-------------|--------|-----------|
| OUTCOMES O1 Consumer Perception of Ou | tcome | | | | Perce | ent Giving Po | sitive Evalu | ation of Ou | tcomes | |
| Community Program Youth* | ns FY 2000 | 1,112 | 314 | 59% | 63% | 55% | 59% | | | |
| *Based on 5 of 7 suggested questionnain | re items | | | | | | | | | |
| O2 School Improvement (Childre | | | | | In Progress | 3 | | | | |
| O3 Employment | | | | | | Per | cent Emplo | oyed | | |
| Community Program Adults w/ S | | 2,842 | 2,842 | 30% | 33% | 27% | | 30% | | |
| | Mental Health FY 2000 | n Programs* 11,510 | ** 8,170 | 36% | 38% | 34% | | 36% | 36% | 26% |

^{*}Analysis includes adults under 65 years of age and is based on record linkage using the Vermont Department of Developmental and Mental Health Services and the Vermont Department of Employment and Training data sets.

**Analysis includes adults under 65 years of age and is based on clinician report provided through DDMHS Management Information System

| | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|-----------------------------------|-----------------|--------------------|---------|------|---------------|------------|----------------|---|-----------|
| OUTCOMES (cont) | | moradod | Ovoran | maio | romaio | Orma | , to one | *************************************** | |
| O4 Change in Level of Functioning | | | | Per | cent with Imp | oroved Lev | el of Function | oning | |
| Community Programs | | - | | | | | | J | |
| Children's Services Pro | grams | | | | | | | | |
| FY 1999 | 1,703 | 391 | 21% | 23% | 25% | 21% | | | |
| Adult Outpatient Progra | ams | | | | | | | | |
| FY 1999 | 1,254 | 258 | 29% | 30% | 28% | | 29% | | |
| Adults w/ Severe and P | ersistent M | lental Illness | | | | | | | |
| FY 1999 | 275 | 79 | 22% | 20% | 23% | | 22% | | |
| | | | | | | | | | |
| | | _ | | Perc | ent with Mai | ntained Le | vel of Functi | ioning | _ |
| Community Programs | | | | | | | | | |
| Children's Services Pro | grams | | | | | | | | |
| FY 1999 | 1,703 | 391 | 58% | 63% | 55% | 58% | | | |
| Adult Outpatient Progra | ams | | | | | | | | |
| FY 1999 | 1,254 | 258 | 53% | 53% | 53% | | 53% | | |
| Adults w/ Severe and P | ersistent M | lental Illness | | | | | | | |
| FY 1999 | 275 | 79 | 34% | 31% | 36% | | 34% | | |

Based on analysis of GAF Scores from Monthly Service Reports submitted to DDMHS by designated community mental health service providers for individuals with updated information for the first year after admission. Improved level of functioning is defined by a change greater than 10. Maintained level of functioning is defined by a change less than 10 but greater than -10.

O5 Symptom Relief Not Currently Available

O6 Consumer Injuries In Progress

| O7 Elopement | | | | Elopements per Client Days | | | | | | | |
|----------------|---------|-----|-----|----------------------------|--------|--------|--|--------|--|--|--|
| State Hospital | | | | | | | | | | | |
| | FY 1999 | 240 | 240 | 0.0004 | 0.0005 | 0.0003 | | 0.0004 | | | |
| | FY 2000 | 243 | 243 | 0.0005 | 0.0007 | 0.0001 | | 0.0005 | | | |

| | | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White |
|-----------------|-------------------------|-----------------|--------------------|----------|--------|-------------|----------------|------------|---------|-----------|
| | | Number | meluded | Overall | iviale | remale | Crilia | Addit | vvriite | Mon-wille |
| OUTCOMES (cont) | | | | | | | | | | |
| O9 Mortality | | | _ | | | Crude M | lortality Rate | e (CMR) | | |
| Commur | nity Programs | | | | | | | | | |
| | Deaths of Clients Serve | ed in Year o | of Service | | | | | | | |
| | FY 1995-1998 | 18,045 | 18,045 | 1.23% | 1.02% | 1.41% | 0.22% | 1.81% | | |
| | | | _ | | | Standardize | d Mortality | Rate (SMR) | | |
| | Risk of Mortality Compa | ared to the | General Pop | oulation | | | | | | |
| | FY 1995-1998 | 18,045 | 18,045 | 1.45 | 1.22 | 1.66 | 4.11 | 1.63 | | |

Based on analysis of Vital Records Mortality data set, maintained by the Vermont Department of Health, and Monthly Service Reports submitted to DDMHS. Unduplicated counts of people shared across data sets were obtained by Probabilistic Population Estimation. Populations and deaths averaged over four year period to reduce effects of fluctuations in death rates.

O10 Recovery Under Development

O11 Reduced Substance Abuse Impairment

Not Currently Available

| O12 Living Situation | | | Percent of Clients Residential Location | | | | | | |
|-----------------------|---------|--------|---|------|------|------|------|------|------|
| Community Programs | | _ | | | | | | | 1 |
| Private Residence | | | | | | | | | |
| FY 2000 | 14,396 | 14,396 | 78% | 77% | 79% | 79% | 78% | 80% | 81% |
| 24-Hour Residentia | al Care | | | | | | | | |
| FY 2000 | 1,514 | 1,514 | 8% | 9% | 8% | 5% | 10% | 8% | 7% |
| Institutional Setting | 9 | | | | | | | | |
| FY 2000 | 91 | 91 | 0.5% | 0.5% | 0.5% | 0.4% | 0.5% | 0.5% | 0.6% |
| Jail/Correctional Fa | acility | | | | | | | | |
| FY 2000 | 39 | 39 | 0.2% | 0.3% | 0.1% | 0.0% | 0.3% | 0.2% | 0.6% |
| Homeless/Shelter | | | | | | | | | |
| FY 2000 | 214 | 214 | 1% | 1% | 1% | 0.3% | 2% | 1% | 3% |
| Unknown | | | | | | | | | |
| FY 2000 | 2,157 | 2,157 | 12% | 12% | 11% | 15% | 10% | 10% | 8% |

| | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White | |
|---------------------------------------|-----------------|--------------------|---|------|--------|-------|-------|-------|-----------|--|
| OUTCOMES (cont) | | | | | | | | | | |
| O13 Involvement with Criminal Justice | | _ | Percent of Mental Health Clients Incarcerated | | | | | | | |
| Community Programs | | • | | | | | | | _ | |
| Adult Programs | | | | | | | | | | |
| FY 2000 | 12,343 | 12,343 | 6% | 11% | 2% | | 6% | 6% | 18% | |

Based on analysis of Monthly Service Reports submitted to DDMHS by designated community mental health service providers and the Vermont Department of Corrections Facilities Database. Analysis includes adults 18 and over. Unduplicated counts of people shared across data sets were obtained by Probabilistic Population Estimation.

| | | Total Number | Number Included | Overall | Male | Female | Child | Adult | White | Non-White | |
|---|---------------------------------|-----------------|--------------------|--|------|---------|----------|---------|---------|-----------|--|
| STRUCTURE/PLAN MANA | CEMENT | Number | mciaaea | Overall | Male | remale | Cilia | Adult | vvriite | Non-write | |
| | | in Daliay | | | | | | | | | |
| S1 Family Member/Consum | | | _ | | | | _ | | | | |
| Quality, Assurance, and Planning | | | | Proportion of Consumers and Family members | | | | | | | |
| On Policy Making | g Boards | | | | | | | | | | |
| - | FY 2001 | 28 | 28 | 50% | | | | | | | |
| On Planning Cor | mmittees | | | | | | | | | | |
| C | FY 2001 | 18 | 18 | 61% | | | | | | | |
| S2 Proportion of Expenditure S3 Average Resources Spe | In Progress Dollars per Client | | | | | | | | | | |
| Inpatient Programs FY 1999 | 274 | 274 | \$33,166 | | | \$2,660 | \$33,390 | | | | |
| Outpatient Progr | ams | | | | | | | | | | |
| , , | FY 1999 | 16,577 | 16,577 | \$2,645 | | | \$3,927 | \$1,880 | | | |
| Residential and I | Day Treatment | Programs | | | | | | | | | |
| | FY 1999 | 1,796 | 1,796 | \$8,940 | | | \$21,023 | \$5,810 | | | |